

2018-2019 ANNUA FOR THE SECOND SECOND

Because we've got you.

At some point in their lives, all Atlantic Canadians will be touched by the QEII Health Sciences Centre.

2018-2019 **Total QEII visits** 1,126,096



11,082

NEW BRUNSWICK

2,194 NEWFOUNDLAND AND LABRADOR

8,978

3,314 OUTSIDE OF ATLANTIC CANADA **QEII Health Sciences Centre.** As the largest adult health sciences centre in Atlantic Canada, the QEII Health Sciences Centre is more than 10 buildings on two sites. It's thousands of people delivering exceptional care, every day. From the operating room to the research lab, and everywhere in between, the most advanced care in our region is within the walls of the QEII. In addition to being the specialized care centre for heart health, cancer care, neurosurgery and organ transplantation, the QEII is the leading research centre and training facility for tomorrow's healthcare professionals.

QEII Foundation: Transformed health.

Transformed lives. This is our vision. For more than two decades, the QEII Foundation has been advancing health care at the QEII by funding new technologies, medical research, innovation and professional education that contribute to life-changing moments experienced every day by patients and their loved ones. With incredible support from the community, we are transforming the QEII for Atlantic Canadians.



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Philanthropy is helping solve some of today's biggest challenges in health care.

Donors like you make us proud of the work we do. With support from people from every community in the region, we're helping change lives by advancing health care.

We recently heard from a patient who was at the QEII to receive serious, life-changing surgery. Referred to the QEII for the most specialized, advanced care in our region, this patient was from another province and struggling financially.

She was overwhelmed with gratitude to learn that donors not only contributed to a QEII Foundation campaign that doubled the size of the clinic, they also provided support for the financial burden she was experiencing. Complete strangers helping those in need.

That is philanthropy at its best. In fact, philanthropy is helping solve some of today's biggest challenges in health care. And taking the QEII from good – to great.

This report will give you a snapshot of the QEII projects that we funded last year, and the special ways donors gave to make it happen.

Consider the Independent Living Simulation suites. For years, several small rooms were used for rehabilitation patients to practise and re-learn everyday skills. The space was old, tired, and did not reflect homes today. So the QEII Foundation completely transformed it. Now, patients with limited mobility can experience a true sense of independence, in a bright, modern, hightech environment. That's a game-changer.

We also had one very generous family work with the QEII Foundation to make a transformational gift that will attract a world-leading palliative care researcher to the QEII – ensuring our loved ones facing a life-limiting illness have the very best experience.

And with cancer rates on the rise, patients were experiencing long hospital wait times for treatment. The QEII Foundation launched a cancer campaign that is funding state-of-the-art technology that will not only accelerate treatment time, it will increase the number of clinical research trials for this devastating disease. We work to provide QEII patients with the very best of care. But together, we can do even better.

Improving wait times, making care more accessible, recruiting the smartest minds in medicine – these are opportunities in health care where the QEII Foundation is working with donors to make a significant difference. We have bold, ambitious goals for cancer care, heart health, bone and joint treatment, diagnostic imaging, mental health services, rehabilitation medicine, and surgical innovation, to name a few areas.

Thank you to each and every person who supports the QEII Foundation financially, shares their QEII story, or volunteers their time. You have our sincere appreciation as well as our commitment to continue advancing health care for years to come.

Bill Bean, President & CEO, QEII Foundation

\$2 million for a new cancer therapy preparation lab

Patients receive the best care because QEII teams have access to the best medical equipment, technology and spaces.

Innovations, like the new cancer therapy preparation lab, have a lifesaving impact. Enabling more clinical trials gives patients access to the latest research when timing can mean the difference of life and death.



Donors ensure patients receive cancer therapy sooner

QEII Foundation donors came together to address an immediate need in cancer care. As equipment and technology age and the demand for cancer therapy rises, a new cancer therapy preparation lab is vital.

The new lab will double the team's capacity to prepare doses. This means time spent waiting on the day of treatment is cut in half – bringing personalized medicine to the patient sooner. The lab will also enable additional clinical trials.

"Every dose of systemic therapy is tailored. Dosage is based on the patient's height, weight, and many other factors," says Jessica Randall, QEII pharmacy practice assistant. "We provide so many therapies, and clinical trials as well, that every dose is unique to the person receiving it."

#QE2GotThis

Every dose unique, just like you.

QEII cancer team delivers precise care.

Jessica Randall, QEII pharmacy practice assistant, works passionately behind the scenes to prepare cancer treatments for patients.

\$3.6 million for the road to recovery

A \$1-million gift from the Hansen MacDonald family led our *Revitalizing Rehab* campaign, which raised \$3.6 million to construct The Grace Hansen Therapeutic Pool and two new Independent Living Simulation (ILS) suites for patients receiving care at the QEII's Nova Scotia Rehabilitation and Arthritis Centre.

Opened in summer 2018, the new ILS suites are a therapeutic training environment for one-onone and group lessons led by occupational therapists for patients to work on fine motor skills. On weekends, patients and their families stay in the ILS suites together – providing a safe space with nursing staff close by, easing their transition back home.



Navigating a kitchen with a wheelchair

While a kitchen sink with a slanted, smooth bottom may seem like a contemporary design feature to most – for wheelchair users, like Nicole McDonald, it allows them to get up close to wash their dishes and hands. The oven door opens sideways, not into your lap, and a mirror backsplash above the stove shows seated people what's happening inside the pots.

The first suites of their kind in the province, the QEII's ILS suites include advanced smart-home technology and cutting-edge accessibility features which can be activated by a patient's voice, finger, breath or eye movement. For rehabilitation patients who've lost the ability to speak or have limited mobility, their gaze or eye movement can now turn on a light, open a door, and even adjust the height of the kitchen cupboards or sink – thanks to the state-of-the-art technology.

"It's all about independence," says Nicole, whose lessons in the ILS suites focused on preparing meals and becoming more comfortable in the kitchen for when she returns home.

#QE2GotThis

The most important journey takes you home.

Funded entirely by QEII Foundation donors, the QEII's new Independent Living Simulation (ILS) suites are transforming the rehabilitation experience.

> At the QEII's Nova Scotia Rehabilitation and Arthritis Centre, occupational therapists like Kristin Russell (left) help patients re-learn everyday activities, regain their independence, and most importantly, return home.



Learners practise hands-on patient care in new Sim Bay

Funded entirely by our community of donors, the QEII's new Sim Bay is pivotal in shaping tomorrow's healthcare professionals. Sim Bay learning scenarios can include everything from advanced cardiac life support to disaster simulation to prepare for large-scale trauma and casualties.

With cadaver learning onsite, the QEII is setting the standard for simulationbased learning, here, in Atlantic Canada and across the country.

Dr. Brock Vair, co-director of the QEII's Simulation Program, trained as a surgeon in the 80s, when the only models were orange rinds for practising suturing.

"The simulation environment accurately recreates a clinical situation," says Dr. Vair. "Training is enhanced, which ultimately leads to better results for patients."



#QE2GotThis

Setting simulation standards across North America.

Refining skills and teamwork in an advanced training space.

\$1.8 million for cutting-edge simulation bay

Simulation learning offers a low-stress, riskfree opportunity to practise the skills medical professionals will need to save lives at the QEII.

Practising on high-tech mannequins, healthcare professionals engage in mock traumas and develop emergency, airway and critical care skills. In the same space, healthcare teams refine their surgical skills on cadavers, and further develop communication skills and teamwork between each other.

Through simulation, healthcare professionals can learn and practise a wide variety of technical skills without the concern of causing patient harm.

More than **\$5.3 million** for research

When donors support research at the QEII, they bring innovation to life, help ensure leading-edge care, and provide critical funding that otherwise would not be available to our region's brightest researchers. This includes research initiatives like the new Endowed Chair in Palliative Care.

Endowed research chairs at the QEII are worldrenowned experts in their field who are appointed for a five-year term. These endowment funds are invested permanently, with only the interest from the investment funding the long-term research position in perpetuity.

#QE2GotThis



\$4-million investment a game-changer for palliative care in Nova Scotia

This year, the J & W Murphy Foundation made a \$4-million investment to help transform palliative care for all Nova Scotians. \$3 million of the Murphy family's donation will be the catalyst in creating an Endowed Chair in Palliative Care at the QEII Health Sciences Centre, and \$1 million will provide critical funding for Nova Scotia's new hospice residence, Hospice Halifax, which opened in April 2019.

It's a cause that is deeply personal for the Murphys.

"In just four years, my sister Karen, sister-in-law Holly and I lost three family members: our brother and Holly's husband, Jon; and our parents, Janet and Bill," says Lisa Murphy. "Palliative care should be a lifeline as patients and families navigate the uncertainties and transitions that accompany life-limiting illness."

By igniting palliative care research through the endowed chair, the Murphy family hopes their gift will help shatter some of the stigma surrounding palliative care and its importance in helping individuals at any point in their lives – whether they have two months remaining, two years or longer.

It's about living.

It all started with a family's visionary commitment to ensure exceptional palliative care for all Nova Scotians.

Karen Spaulding, daughter (left), Holly Murphy, daughter-in-law (centre) and Lisa Murphy, daughter (right) at their late-parents' home in Liverpool, Nova Scotia.



A young man's legacy impacts the hearts of Atlantic Canadians

In the summer of 2013, the Boyd family tragically lost their 16-year-old son, Jordan, to an undiagnosed heart condition called Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC). Just shy of one year later, the first Jordan Boyd Celebrity Hockey Challenge was born to celebrate Jordan's life and love for hockey – and raise critical funds for inherited heart disease research to reduce the incidence of sudden cardiac death and create awareness through the Jordan Boyd Foundation.

"Through the tournament, Jordan's legacy has helped establish a new, dedicated research position, expanded the Inherited Heart Disease Clinic to treat more patients, and accelerated pivotal ARVC research and clinical studies," says Dr. Martin Gardner, the QEII's Inherited Heart Disease Clinic founder.

In 2018, its fifth year, the Jordan Boyd Celebrity Hockey Challenge raised \$162,508 net. The future of ARVC research is bright thanks to champions in our community and those who work at QEII.

#QE2GotThis

Inherited heart disease research takes centre ice.

QEII inherited heart disease researchers at the top-of-their-game. **\$852,903** raised through special events with special causes

Along with the Jordan Boyd Celebrity Hockey Challenge, another event took place on September 29, 2018, with 580 cyclists on a crusade against cancer at *Ride for Cancer* powered by BMO Bank of Montreal. Alongside 140 volunteers, valued sponsors, and supporters, our Ride for Cancer community raised \$648,885 net. This will help build a world-leading cancer therapy preparation lab at the QEII. fund local research for leukemia patients and fund patient and family support programs through The Leukemia and Lymphoma Society of Canada.

We take pride in bringing champions together to make an impact on health care in our region.

Dr. Martin Gardner founded the QEII's Inherited Heart Disease Clinic in 2004. Dr. Gardner and his team provide diagnoses and care for people with genetic heart conditions.



Brain Cancer Bash: a magical evening in support of brain cancer research at the QEII

Garry Beattie had just returned from a golf trip in the United States when he was rushed to the QEII. He and his wife, Lori Duggan, thought he experienced a stroke but a CT scan showed a brain tumour. At 52 years old, Garry underwent his first brain surgery.

The surgery was successful but Garry had to learn to speak and walk again. Four brain surgeries later, he continues to battle the same type of tumour that took the life of The Tragically Hip's Gord Downie. But Garry hasn't lost his infectious sense of humour or his desire to help others.

After his diagnosis, and grateful for the care he received, Garry and Lori got creative and started raising money and awareness by hosting events to support brain cancer research at the QEII.

In November 2018, Garry and Lori hosted their second annual Brain Cancer Bash – a magical night, featuring several local magicians and a grand illusionist that delighted the crowd. A net total of \$33,235 was raised in support of brain cancer research at the QEII.

To top off an already perfect evening, Garry announced his own gift of \$250,000 to the QEII Foundation's Brain Tumour Research Fund.

"My only chance is research," says Garry. "Seeing there is a need, it made a lot of sense to do what I can to help other patients like me."

Save the date for the 2019 Brain Cancer Bash, November 2, 2019, at the Lord Nelson Hotel & Suites.

#QE2GotThis

Do you believe in magic?

Community champions cast a spell on brain cancer.

\$373,844 raised through community fundraisers

The Brain Cancer Bash is one of several communitybased fundraisers organized and managed by volunteer groups, organizations and individuals who are passionate about supporting health care. Differing in size and scope, they collectively raise vital funds to help patients and their families at the QEII.

These community champions are at the heart of making advanced care possible and continue to find creative ways to make a significant difference for Atlantic Canadians.

Garry Beattie and his wife, Lori Duggan, teamed up with the QEII's Division of Neurosurgery to support brain cancer research.



Creating role models for future healthcare stars

Born in Lebanon, 19-year-old respiratory therapy student Zeina Atwi recognizes how a diverse workforce can inspire the next generation. With growing diversity in Halifax, opportunities like the Diversity in Health Care Bursary can give students the means and the encouragement to think of careers that they may not normally pursue.

The QEII Foundation is proud to partner with the Nova Scotia Health Authority and Community Health Boards to help students realize their dreams. With incredible support from donors across the Atlantic region who recognize the importance of education, the QEII is ensuring it reflects the many communities it serves. Education creates possibility and by investing in education and training, we attract and maintain the best healthcare professionals in the country and, often, the world.

"With growing diversity in Halifax, having an equally diverse healthcare staff is beneficial to patients in order to provide quality patient care and develop healthy rapport," Zeina says. "Having staff that can communicate with patients in their mother language, or even understand their culture, is bound to positively impact the patient's comfort and health outcomes."

#QE2GotThis

Investing in education to change our world.

Diversity in Health Care Bursary helping students realize their dreams.

More than **\$1.8 million** to support lifelong education

Each year the QEII Foundation contributes to professional education and training for QEII staff in many areas such as occupational therapy, cardiac and vascular care, respirology and rehabilitation. Every day, donor impact is felt in every corner of the QEII.

In spring 2018, the QEII Foundation funded eight \$1,000 Diversity in Health Care Bursaries for students studying in a healthcare field who identify as African Nova Scotia, Indigenous, immigrant, and/ or having a disability. While the bursary is modest, it can go a long way in supporting and encouraging would-be students to pursue a career in health care.

Zeina Atwi, a Dalhousie University respiratory therapy student, received a 2018 Diversity in Health Care Bursary funded by the QEII Foundation.

\$110,767 of memorial gifts

Many donors, like Eve, choose to remember a life by impacting another with a gift for health care. A loved one's memory lives on through lives changed by advances in health care at the QEII.

Memorial gifts can be directed to the care area that most reflects and honours a loved one, making a lasting impact for patients receiving care at the QEII.

#QE2GotThis



When you remember a life, **you can change another**

Dr. Stephen Couban was the first grant recipient of the Wickwire Fund. Working closely with Eve Wickwire, Stephen conducted research to help patients facing a bone marrow transplant. In the process, they became dear friends. Sadly, this year Stephen passed away.

Eve never got the chance to say goodbye to her friend. When she read "please direct gifts to the Wickwire Fund" in his obituary, she was surprised and touched - a testament to the friendship the two shared and the work they did together to change lives at the QEII.

"I was so impressed by him. Stephen was an outstanding doctor who every day cared for and saved his patients' lives," she says. "He was a quiet, humble man who dedicated his whole life to the care of others. He was truly a gifted physician who was loved by his patients and who will be missed by the entire QEII community."

Eve gave in memory of Dr. Couban, her long-time friend and supporter.

Honouring the memory of a loved one.

Making a lasting impact on others.

Inspired by the care her late husband, Ted Wickwire, received at the QEII, Eve established the Wickwire Fund in the early 90s to further research in the field of bone marrow transplantation and blood cancer, in partnership with the QEII Foundation. "Sometimes the trauma in our lives leads to activism," she says.

\$6,788 in tribute and special occasion giving

Sometimes thank you doesn't feel like enough. Sometimes we are searching for a way to mark a milestone or make a special day have a bigger purpose. Giving in honour of someone or connecting your celebration to the QEII can offer a meaningful experience for all involved.

There are many ways to give to advance health care - the possibilities are endless. Some people choose to give in honour of a special care provider or team, or occasion in their lives, such as birthdays or wedding celebrations.



When your special day changes lives in your community

As a registered nurse, Jennifer MacLaughlin knew something wasn't right when her dad turned pale and began to sweat following a family dinner.

After what was initially mistaken as indigestion, Doug Radcliffe went straight to his local emergency department. He was experiencing a heart attack, and would later require surgery at the QEII.

"We were incredibly lucky. My dad had his ECG within 30 seconds of arrival," Jennifer says. "His care team was phenomenal."

Months later, Doug walked Jennifer down the aisle on her wedding day.

#QE2GotThis

Celebrating a milestone in an extra special way

Giving back to change more lives at the QEII.

Inspired by the care her father received, Jennifer MacLaughlin made a generous gift in honour of his care team.

\$886,408 in estate gifts

In 2018-2019, the QEII Foundation received estate gifts from the following visionary donors:

Constance Edith Cochrane Dorothy Edith Daniels Sheila Agnes DeLory Beulah Amanda Doherty James Burton Grav Norma Gregg Doris C. Hilchev Nora Matilda Joudrev Kenneth Martin Kakaraza Marianne Joy MacLean Rita I. McIsaac Catherine C. McNabb Edna Margaret Mitchell Jovce Anne Norris Helen I. O'Halloran Thomas Roache Surinder N. Sarwal Barrie Marlene Suzanne Stevens Frank N. Sumarah Vervl H. Weston Manuel Whitzman

The correct legal name for all gifts is: Queen Elizabeth II Health Sciences Centre Foundation. Our charitable number is: 886463496-RR00018





Advancing health care: a lifelong commitment

As a 17-year-old in Charlottetown, PEI, Stan had emergency, life-saving surgery. This inspired his lifelong commitment to supporting health care, wherever life took him – from PEI to Montreal, to Toronto, the Middle East, Africa, and back again.

In 2017, Stan was under the care of the QEII's heart health team, having stents inserted to treat coronary artery disease. Shortly after his procedure, Stan and his wife, Helen, faced another challenge when their home in Charlottetown burned. After inhaling a lot of smoke, Stan was sent by ambulance to the QEII – his physicians in PEI wanted to ensure there was no damage to the stents he had inserted just a few weeks earlier.

Motivated by his QEII experience, and that of loved ones, Stan is committed to advancing health care at the QEII today, and for future generations.

"Inevitably in every family, there are illnesses, and I've been very fortunate in life to have had excellent medical treatment – that's why I'm alive today," says Stan. "Helen and I have always tried to give back and I think it's important to arrange a charitable gift in your will to ensure quality health care is available for years to come."

Improving lives for generations to come.

A lasting legacy to do more for those who follow.

Stan and Helen Buell understand the importance of supporting health care, today and for future generations.



Because we've got you.

2018-2019 Volunteer Board of Trustees

The QEII Foundation is honoured to introduce our volunteer Board of Trustees. With many areas of professional expertise, their leadership helps make the QEII Foundation a strong, successful organization.



It has been a privilege and a pleasure to serve as volunteer Board Chair these past two years. This is a Board that leads by example, and the commitment, energy and abilities of all involved are second to none. We have remarkable Foundation staff, brilliant doctors and frontline workers at the QEII who are saving and improving lives every day, and unbelievable donors from near and far whose generosity is heartwarming.

We have the unique opportunity to reaffirm and bolster the QEII as a centre of innovation and excellence. The philanthropic opportunities ahead of us are incredible and it will take all of our stakeholders to make it happen. Thank you to everyone who stood with me and supported our vision of transformed health, and good luck to our incoming Chair Lydia Bugden, who I have no doubt will lead us to bigger and better achievements.

Victor J. Goldberg, QC QEII Foundation Chair

Honorary Trustees

The QEII Foundation is proud to introduce our Honorary Trustees. These individuals are community leaders and former Trustees who continue to support the Foundation and share our vision to advance care at the QEII.

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Members' Circle

Thank you.

As a QEII Foundation donor, your impact is always on the front lines of care. As you've read in this report, you are part of a community of donors funding big changes at the QEII Health Sciences Centre. As innovative research and technology open doors for new treatments, donors like you are the catalysts. With more than 1.1 million patient visits each year at the QEII, know that your inspiring generosity impacts the health and lives of everyone that walks through the doors of the QEII.

The individual and corporate donors listed on the following pages gave a gift to the QEII Foundation of \$250 or more between April 1, 2018 and March 31, 2019. Some are identified as being part of our Members' Circle, a special annual donor recognition program. Please call Doralin Fredericks at 902 442 7142 to find out how you can be a part of this special giving program.

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